PROTECTING OURSELVES AGAINST THE CORONAVIRUS

NO NEED TO PANIC – WE’LL GET THROUGH THIS TOGETHER!

KEEP A DISTANCE
Also think of the people around you.

STAY AT HOME
Reduce your social and public contacts.

MAINTAIN HYGIENE
Wash your hands even more thoroughly.

NO PHYSICAL CONTACT
Don’t greet people with hugs or handshakes.

COUGHING & SNEEZING
Be sure to use either your elbow or a tissue.

ARRANGE DOCTOR APPOINTMENTS IN ADVANCE

FEVER & COUGH
Please stay at home if you have these symptoms.

You’ll find current developments at www.landkreis-stade.de/corona

Idea: www.tsm-concept.de · Tim Heitmann